



مدرستنا الثانوية الانجليزية - الفجيرة
OUR OWN ENGLISH HIGH SCHOOL - FUJAIRAH

PHSE POLICY

Personal Social Health & Economic Education (PSHE) Policy

Implemented Date	25 th April , 2020
Review Date	25 th September 2020
Next Review Date	April , 2021

Introduction:

PSHE is a vital part of the curriculum, which affects every aspects of the student's social psychological and mental wellbeing. All students are entitled to appropriate designed elements as delineated in the whole school framework, which is planned to endorse their personal and social development. It provides children the knowledge, skills, understanding they need to lead confident, healthy, independent lives, and become informed, active, responsible citizens in a rapidly changing world. In so doing, we help develop their sense of self-worth.

PSHE is timetabled weekly and taught as per the timetable in each class. It is also taught through cross-curricular opportunities.

The school continues to subscribe to and to review its practice under the five outcomes: Be Healthy, Stay Safe, Enjoy and Achieve, Make Positive Contribution, Achieve mental social, physical and economic wellbeing.

Promoting Health at School

The school is committed to providing a "Health promoting school"/ "Healthy School" climate and culture to promote the health and wellbeing of children and of the whole school community, and fully recognize the effective coordination between wellbeing and learning.

This means that we place teaching and learning in the wider context of our approach to:

- Leadership, organization and management.
- Policy development
- The school ethos, culture, environment, and positive relationships throughout the school
- Learning and teaching, curriculum planning and resourcing
- Giving children a voice to express and be heard.
- Provision of support services for children
- Staff continuing professional development (CPD) in terms of health and wellbeing
- Partnership with parents , the local community, external agencies and volunteers to support pupil health and wellbeing
- Assessing, recording and monitoring impact and outcomes

School Aims and Values

This PSHE policy is set within the wider context of the school's overall aims and values, which include the following:

Our Vision Statement

We will provide high quality, inspiring education, ensuring each child develops, and holistically to reach their full potential.

Our Shared Values:

Aspiration: In all areas of our work we will aspire to achieve the best that we possibly can.

Caring: We care about all members of our community and ensure everyone's well-being and safety is paramount.

Challenge: We will continually challenge each other to improve in our work.

Determination: We will succeed in what we do through our determination and resilience.

Honesty: We will always be truthful. If we have done something wrong we accept responsibility. We know when to say sorry.

Respect: We expect all who are involved in our schools to display respect to each other at all times.

Sharing: We will always work as a team, sharing experiences and working together to excel in everything we do.

Aims of the policy

The aim of our PSHE is to ensure quality and consistency in our approach to all aspects of PSHE in our school. This includes our whole school approach to promoting health and wellbeing, as well as the curriculum.

The policy aims to:

- Explain the central role PSHE plays in the life of the school and in children's learning, within the context of national and local guidance
- Provide guidance to members of staff in all roles about their responsibilities in relation to PSHE.
- Ensure that the entire school community understands the role of PSHE in the ethos of the school.
- ensure a consistent approach to planning and delivering PSHE
- ensure that children receive a broadened curriculum with progression and a high quality experience of teaching and learning
- ensure that staff have the knowledge, understanding and skills to deliver the PSHE curriculum
- Promote partnership work with parent/carers to support children's learning and development in PSHE, health and wellbeing
- Support children's involvement in reviewing and developing work related to PSHE and Healthy Schools
- Enable the assessment of children's learning in line with local and national guidance
- Ensure the continuing development of policy and practice relating to Healthy Schools, with the support of the PSHE Service
- Provide guidance about the criteria for selecting and using high quality resources

- Provide guidance to help ensure the quality of methodology and approaches to teaching and learning in PSHE
- Support the PSHE coordinator in monitoring, reviewing and developing practice.
- Provide e-safety policies and procedures that will help students and staff to mitigate risk and respond to concerns.
- Ensure teachers have the knowledge to teach students about e-safety
- provide advice on using social media and live streaming
- Ensure that students are equipped with essential skills for an online life.
- Guide students and make them understand;
 - How to stay safe and healthy and become active citizens, responsibly participating in society online.
 - How to identify possible online risks and make informed decisions about how to act.
 - safe ways in which to seek support if they are concerned or upset by something they have seen online
 - understand what acceptable and unacceptable online behaviour look like
 - How to recognize the techniques that are often used to persuade or manipulate others
- Develop their identity and self-esteem as active, confident members of their online community.

Involving the whole school and wider community

Working with staff

Within the context of the School Development Plan support and training will be made available to all staff as appropriate. This includes allocating time at staff meetings to introduce new areas of work and to review the effectiveness of the approaches used. Whole staff Inset is used where there are development needs for the whole staff.

We recognize that PSHE and wellbeing are relevant to members of staff in all roles, and ensure they all receive training and support appropriate to their responsibilities. Some Inset opportunities may be organized for all staff, and all staff members are supported to know and understand the content of policies that apply throughout the school as Online safety policy, child behavior and protection Policy, Cyber safety and anti-bullying policy, Password policy, BYOD policy.

Working with parents

We recognize the key role that parents and carers fulfil in supporting their children through their personal development and the emotional and physical aspects of growing up. Therefore, we seek to work in partnership with parents, carers when planning, and delivering PSHE. We encourage this partnership by:

- informing parents and cares by email of forthcoming PSHE topics and their learning content

- providing supportive information about parents' role and how they can develop protective factors with their children
- Inviting parents to discuss their views and concerns about PSHE on an informal basis.
- Parents are given access to this policy and all the integrated policies through School website and official e-mail.

Monitoring, Review and Evaluation

The process for development and review

We are committed to the ongoing development of PSHE in our school. We will use the following indicators to monitor and evaluate our progress:

- a coordinated and consistent approach to curriculum delivery has been adopted
- a flexible approach to deliver PSHE that responds to children's needs (identified through consultation, research or observation) is in place
- there are clearly identified learning objectives for all PSHE activities, and children's learning is assessed using both formative and summative approaches
- opportunities for cross-curricular approaches are being used where appropriate
- the impact of training for staff and governors on practice is evaluated
- policy and practice is revised regularly and involves staff, governors and, where appropriate, children
- opportunities are provided for parents, carers and members of our community to consider the purpose and nature of our PSHE, for example, through parents information sessions
- A variety of methods is employed to communicate the key points of the policy and curriculum to the community.

Ms. Saleema Mahmoodi

Principal
Our Own English High School
Fujairah